

TT Kidz Impact – Jersey Table Tennis Association

Theme: physical activity, children and young people

Defining the Issue

Building positive experiences of sport and physical activity among children helps to set foundations for an active lifestyle, with physically literate children being more likely to be active. Table Tennis England's *TT Kidz* project aims to create a fun, engaging and inspiring experience of table tennis supporting the development of physical literacy among children.

Background

TT Kidz is a programme designed by Table Tennis England to introduce children aged 7-11 to the game of table tennis in a fun, engaging and inspiring way.

Through a partnership agreement, Jersey Table Tennis Association purchased TT Kidz kit bags and activator training to support and develop an uptake of children playing table tennis on the island.

The Project

Jersey Table Tennis Association partnered with Jersey Sport, linking into a scheme called 'Sport into Schools' to target inactive children. 24 children were identified and took part in the TT Kidz programme.



Impact

Following on from the initial introduction, 8 out of the initial 24 pupils who were originally inactive have continued with their table tennis.

"The sessions have been delivered to a really high standard and feedback from the children has been excellent with several children enquiring as to further opportunities in the sport after just one session." Elliot Powell – Jersey Sport

The Future

Pupils are now continuing their TT Kidz sessions. The next step is for the pupils to move into a junior programme at the centre.

"We have a programme for the children to move into which has been set up with funding from a sponsor which will allow the children to continue with their table tennis development free of charge." Terry Shaw, - Jersey Table Tennis Association



Key Learnings

1. TT Kidz can be used to successfully engage inactive children.
2. TT Kidz kit bags provide all the equipment necessary to deliver a fun, engaging and inspiring experience of the game.
3. TT Kidz can be used as a great introduction to the game and support children moving into other sessions within a club.



Further Information

For more information on TT Kidz, visit www.ttkidz.co.uk



Sport England
21 Bloomsbury Street
London WC1B 3HF

sportengland.org