

Satellite Club Impact – Nishkam High School

Theme: Children and young people, LSEG

Defining the Issue

Providing relevant and inspiring opportunities for young people to participate in sport and be active is key in building physically active behaviours. The satellite club programme aims to provide new opportunities for young people to get active, by bridging the gap between school, college and community sport.

Background Information

The satellite club programme seeks to develop new long term opportunities for young people aged 11-25 to be involved in sport and physical activity. Clubs and community organisations are able to apply for funding to start new satellite sessions in order to target young people into regular physical activity.

The satellite club project at Nishkam High School began through a partnership approach between the school, a local experienced coach and Sport Birmingham – with funding support from Table Tennis England Satellite Club programme. The table tennis community in Birmingham had been searching for a city centre location to host sessions for several years, which the satellite club programme has allowed them to realise.



The Impact

Two new sessions have been developed, one for 11-25 year olds and one for 7-11 year olds through the TT Kidz programme

The one hour satellite club has grown to 18 hours of activity each week for 7-25 year olds

An average of 34 young people aged 11-25 attend the sessions, which are now sustainable without further funding

20 children aged 7-11 attended the TT Kidz sessions hosted at the satellite club

Birmingham and Solihull Table Tennis League added additional equipment and funding to add capacity

Birmingham and Solihull Table Tennis League use the school for Premier Division matches, highlighting possible exit routes to satellite club members